

How much water do you (JUST YOU) use at home in one week -1

Activity	Litres	Litres per day														Weekly Totals for each activity
		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		
		No. of times	Total litres	No. of times	Total litres	No. of times	Total litres	No. of times	Total litres	No. of times	Total litres	No. of times	Total litres	No. of times	Total litres	
Example - flush the toilet (old cistern)	9	6	54	5	45	7	63	6	54	7	63	6	54	9	81	414
Flush the toilet (old cistern)	9															
Shower (5 minutes)	35															
Take a bath	80															
Wash your hands under running water	3															
Fill the kettle	2															
Cook and drink (per person)	10															
Brushing teeth with tap running (2 minutes)	12															
Use your washing machine (1 load)	85															
Wash clothes by hand	25															
Use the dishwasher (ECO setting)	12															
Wash dishes by hand (one bowl)	6															
Use a garden sprinkler (for 1 hour)	900															
Use a garden hose (for 1 hour)	500															
Totals																

Which activity used the most water? _____ Which activity used the least water? _____